

Risk Assessment: Throwing Area (Javelin) Applicable to a Masters' Athletics Meeting

Date:	Assessed by:	Location :	Review :
17.7.19	D M Marler	generic	TBC

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Runway – slips and trips	Athletes slipping or tripping due to wet or gritty surface, or obstructions on the runway	<ul style="list-style-type: none"> • Ensure runway is free of grit, dirt, leaves and standing water • If wet/raining, ensure drainage areas around the runway are kept clear • Sweep runway to remove excess water, grit, leaves or dirt • Ensure no obstructive “check marks” are on the runway • Ensure all Javelin throws are supervised so athletes <u>only</u> throw when the runway is clear • Ensure measuring tapes do not encroach upon the runway • Ensure runway has no badly worn or damaged areas 	L	•	L	Field Referee (Throws) and Lead Official		
Competition – impact injury	Athletes, Officials and Spectators could suffer serious injury	<ul style="list-style-type: none"> • Ensure all throws, including any practice throws <u>only</u> take place from the runway and under the supervision of a qualified official • During every trial and practice 	L	•	L	Field Referee (Throws) and the Lead		



		<p>throw, all officials forward of the throwing line <u>must</u> stand outside the sector lines and face the thrower</p> <ul style="list-style-type: none"> • Ensure <u>only officials</u> are allowed forward of the throwing line, except if athletes are allowed to retrieve under supervision • Implements must only be returned by hand, with the Javelin(s) held vertically • Ensure the warning horn is sounded (and acknowledged by officials/helpers) to warn that a throw is about to commence • Ensure that throws commence <u>only</u> when the supervising official signals to the athlete that it is safe to throw 				Official		
<p>Implement – impact due to loose or damaged grip – or a bent/bowed Javelin</p>	<p>Athletes or officials injured due to damaged grip or abnormal flight characteristics of a bent or bowed Javelin</p>	<ul style="list-style-type: none"> • Implements must be checked before throwing commences, in particular that they have a serviceable grip and profile. • Implements will also be pre-checked to confirm their weight 	L	•	L	<p>Field Referee (Throws)</p> <p>and the Equipment Manager</p>		