

Name	Year	Age	Grc	Gen	Event	Performance	Venue	Meeting	Date
Brian Dias	2022	V35	M	LJ		3.63	Swansea	Swansea Harriers Open Meeting	03/04/2022
Brian Dias	2022	V35	M	DT2K		12.43	Swansea	Swansea Harriers Open Meeting	03/04/2022
Michael Dickens	2022	V35	M		100	11.47	Nuneaton	Nuneaton Season Opener	10/04/2022
Michael Dickens	2022	V35	M		100	11.6	Telford	Telford Spring Warm Up	13/04/2022
Michael Dickens	2022	V35	M		100	11.66	Loughborough	Charnwood AC Opens	20/04/2022
Michael Dickens	2022	V35	M		200	23.87	Loughborough	Charnwood AC Opens	20/04/2022
Kieran Golding	2022	V40	M	DT2K		19.47	Yate	Yate AC Throws & Jumps Club Open	02/04/2022
Kieran Golding	2022	V40	M	JT800		27.96	Yate	Yate AC Throws & Jumps Club Open	02/04/2022
Robert Prady	2022	V40	M		800	2:21.96	Swansea	Swansea Harriers Open Meeting	03/04/2022
Steve Ingram	2022	V50	M	SP6K		9.77	Swansea	Swansea Harriers Open Meeting	03/04/2022
Steve Ingram	2022	V50	M	DT1.5K		34.63	Swansea	Swansea Harriers Open Meeting	03/04/2022
Adrian Lewis	2022	V50	M		800	2:15.76	Swansea	Swansea Harriers Open Meeting	03/04/2022
Robert Eales	2022	V55	M	SP6K		10.75	Yate	Yate AC Throws & Jumps Club Open	02/04/2022
Robert Eales	2022	V55	M	DT1.5K		30.05	Yate	Yate AC Throws & Jumps Club Open	02/04/2022
Chris Millard	2022	V55	M		100	12.44	Yeovil	Bill Whistlecroft Spring Open	18/04/2022
Glyn Price	2022	V55	M	PV	NH		Swansea	Swansea Harriers Open Meeting	03/04/2022
Dave Stokes	2022	V55	M	SP7.26K		8.97	Warrington	Warrington AC Open Meeting	09/04/2022
Dave Stokes	2022	V55	M	HT7.26K		31.53	Warrington	Warrington AC Open Meeting	09/04/2022
Dave Stokes	2022	V55	M	JT800		21.73	Warrington	Warrington AC Open Meeting	09/04/2022
Andrew Turner	2022	V55	M	DT1.5K		26.93	Bournemouth	Bournemouth Open	27/03/2022
David Williams	2022	V55	M		1500	4:54.62	Parliament Hill	Highgate Harriers Open	20/04/2022
David Williams	2022	V55	M		5000	17:55.66	Battersea Park	Comeback 5000#2	15/04/2022
Robin Wood	2022	V55	M		100	14.62	Swansea	Swansea Harriers Open Meeting	03/04/2022
Robin Wood	2022	V55	M	LJ		4.49	Swansea	Swansea Harriers Open Meeting	03/04/2022
Robin Wood	2022	V55	M	SP6K		8.49	Swansea	Swansea Harriers Open Meeting	03/04/2022
Mark Ellery	2022	V60	M		100	13.90	Yate	Yate Sprints & Hurdles C22	03/04/2022
Mark Ellery	2022	V60	M		200	29.24	Yate	Yate Sprints & Hurdles C22	03/04/2022
Keith Powell	2022	V60	M		100	14.75	Yeovil	Bill Whistlecroft Spring Open	16/04/2022
Keith Powell	2022	V60	M	PV		2.20	Yeovil	Bill Whistlecroft Spring Open	18/04/2022
Keith Powell	2022	V60	M	LJ		4.16	Yeovil	Bill Whistlecroft Spring Open	18/04/2022
Glyndwr Pugh	2022	V60	M	SP5K		8.97	Swansea	Swansea Harriers Open Meeting	03/04/2022
Glyndwr Pugh	2022	V60	M	DT1K		26.86	Swansea	Swansea Harriers Open Meeting	03/04/2022
Rob Sheen	2022	V60	M		3000	11:19.96	Loughborough	Charnwood AC Open	06/04/2022
Roderick Davies	2022	V65	M		100	15.27	Swansea	Swansea Harriers Open Meeting	03/04/2022
Chris Pruski	2022	V65	M	JT600		30.28	Aberdare	Cardiff Throws Meeting 1	12/04/2022

Name	Year	Age	Grc	Gen	Event	Performance	Venue	Meeting	Date
Dash Newington	2022	V35		W		100	15.39 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W		800 3:12.48	Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	100HW		20.58 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	1500W	9:19.84	Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	5000W	34:51.32	Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	PV		2.50 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	LJ		4.54 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	TJ		9.25 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	WT19.08K		9.52 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	DT1K		21.98 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	DT1K		21.00 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	HT4K		25.44 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	JT600		19.20 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Dash Newington	2022	V35		W	PenWtW35		1845 Brisbane, AUS	Australian Masters Athletics Championships	01/04/2022
Katy Roy	2022	V35		W		800 2:16.95	Yeovil	Bill Whistlecroft Spring Open	16/04/2022
Katy Roy	2022	V35		W		800 2:26.33	Swansea	Swansea Harriers Open Meeting	03/04/2022
Catherine Alford	2022	V45		W	SP4K		8.05 Swansea	Swansea Harriers Open Meeting	03/04/2022
Catherine Alford	2022	V45		W	DT1K		22.68 Swansea	Swansea Harriers Open Meeting	03/04/2022
Michelle Thomas	2022	V50		W		300	43.92 Lee Valley	Be Fit Today Track Academy Series	27/03/2022
Michelle Thomas	2022	V50		W		300	44.05 Sheffield	Run Jump Throw Series	15/04/2022
Jenny Phillips	2022	V55		W		800 2:57.89	Swansea	Swansea Harriers Open Meeting	03/04/2022
Jan Timberlake	2022	V55		W	TJ		8.56 Nuneaton	Nuneaton Season Opener	10/04/2022
Angela Bryant	2022	V60		W		100	15.93 Nuneaton	Nuneaton Season Opener	10/04/2022
Angela Bryant	2022	V60		W		200	34.34 Nuneaton	Nuneaton Season Opener	10/04/2022
Clare St. John-Coleman	2022	V60		W		100	15.45 Watford	Watford Open Graded Meeting	06/04/2022
Clare St. John-Coleman	2022	V60		W	LJ		3.46 Watford	Watford Open Graded Meeting	06/04/2022
Clare St. John-Coleman	2022	V60		W	LJ		3.38 Lee Valley	Be Fit Today Track Academy Series	27/03/2022